



Family Birthing Unit (FBU) Support Person (Visitor)

FBU

- If you are with a mom who is in labour:
 - When you get here, only the mom will be allowed to go to the FBU at first
 - If the mom is admitted, and you pass screening, you will be called up to join her. If you fail screening, you will not be allowed up to FBU
 - If the mom is not admitted, she will come back down to meet you

- Once the mom is admitted, you can stay with her for her entire admission
 - Please stay on the UNIT, and in her ROOM; you may leave the room briefly to get your meals. Please bring your meals from home, or be prepared to purchase from our Tim Horton's on the 2nd level of the hospital
 - If the baby needs care in the SCN, you will be allowed to visit the baby until the mom is discharged

Thank you for helping us keep our moms and babies safe during this difficult time!



Special Care Nursery (SCN) Support Person (Visitor)

SCN

- If the mom is still a patient on the FBU, you can stay with her until she is discharged, and can visit the baby
 - Once the mom is discharged, only **one** person is allowed to come and visit the baby
 - The mom may stay in the “care by parent” room if it is available OR
 - If the mom is not staying in the “care by parent” room, the person who visits is not allowed to come in and out of the nursery; once you are here to visit, please stay in the nursery until you are going home
-
- **If you wish to call in for an update please call:
519-837-6440 ext.2245**

 - Nursing handover in the nursery occurs from 7:00-7:45 in the morning and the evening. Please minimize coming in and out of the nursery during those times.

***Thank you for helping us keep our moms and babies safe
during this difficult time!***